



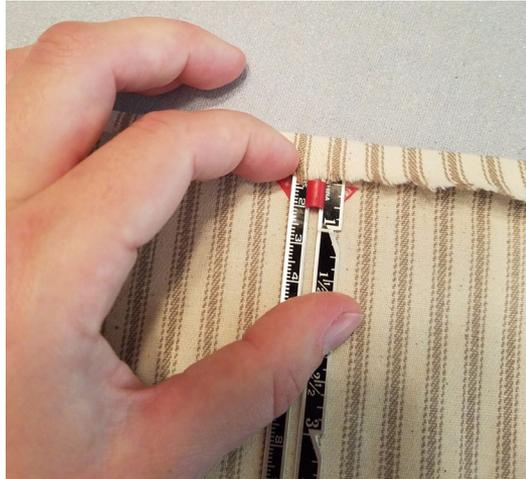
# Sewing Practice Project

Chicken

1. Cut out Fabric  
Rectangle 5-1/2" by 9".



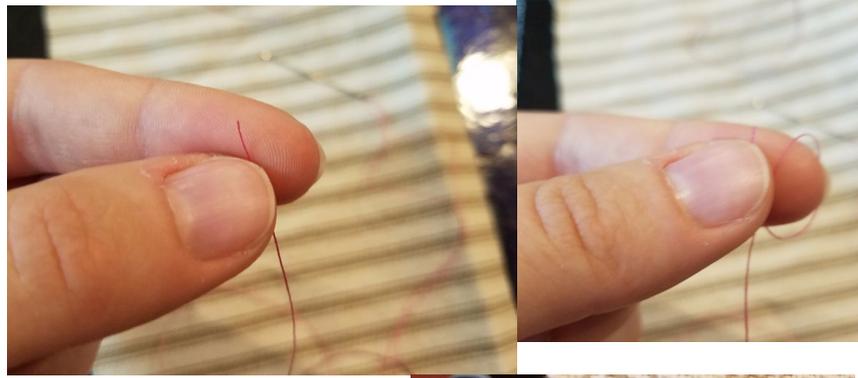
2. With the Wrong Side of the fabric (WS) up, fold over one long side 1/2 inch, press, and fold over one more time and press. There should be no frayed or raw edges visible on that side.



Mountain Stitch used for hemming:

3. Get a thread and needle that is a different color from fabric. Thread the needle and tie a knot at the end furthest away from the needle, leaving a tail.

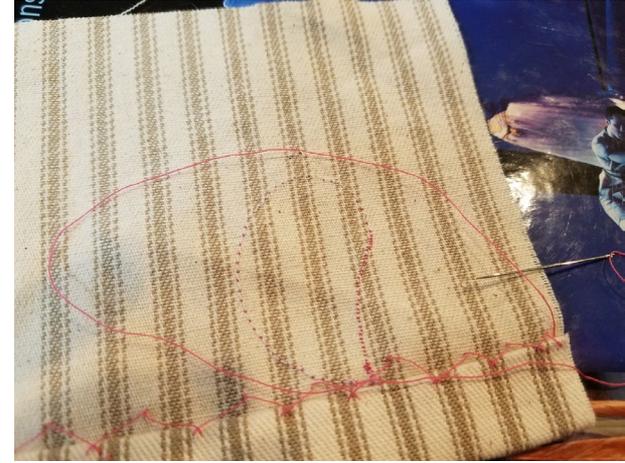
4. Anchor your knot as shown, then go through one thread of the fabric as shown so the thread does not show on the front.



Mountain Stitch used for hemming:

5. Continue all along the long side and tie off your knot as shown. (Make a loop, put the tip of the teardrop on the thread coming out of the fabric, put your finger on that spot and pull the end of the thread with the needle to have the knot at the fabric. Do this several times to make one big knot.)

6. Fold Right Sides (RS) of fabric together and press as shown



7. Cut out the felt for the beak, waddle, and comb and place as shown on the inside of the fabric sandwich. Pin in place.

8. Get trained on how to use a sewing machine and thread it properly

9. Use a sewing machine to follow the edge of the presser foot to the edges of the fabric. You need to start a few stitches, reverse back on those stitches and then go forward again to lock off the stitch at the start. Set the machine to a longer stitch length. You will do a few stitches in reverse at the end of the path as well. Make sure to take out pins before they go under the presser foot.



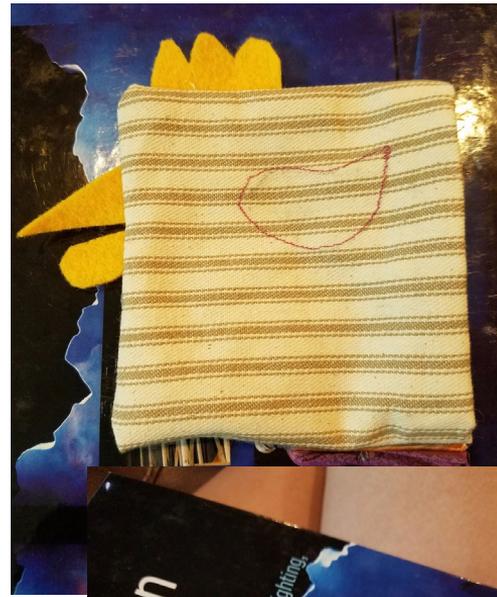
This is the mountain stitch front side.



10. Flip your chicken right side out and add buttons to both sides (one at a time.) This time double up your thread and tie one knot in both ends and make 3 or 4 passes in each loop of the button holes for a very secure connection. Knots should be on the inside.



11. At the end, of the button, send the needle up between the button and fabric and wrap around the other threads 3 or 4 times to create a shank. Send the needle back through and tie off a knot on the inside.



## Slip Stitch (Ladder Stitch):

12. Get a needle and tie a knot in one end of the thread, and anchor on the far right inside of the opening.

13. The needle will point left the whole time and you will start on the right and end on the left.

14. The thread will follow a right angle pattern going back and forth from one side to another that looks like rungs of a ladder when the thread is loose and becomes invisible when you pull it taut.

15. When you reach the end, tie off your knot and send the needle through the center of the chicken and come out the other side and then trim the tail so the loose end is on the inside! All Done! Clean up and make sure your chicken is labelled!

